

## Easy Arm Warmers

One Size. Since they're all in ribbing they're very stretchy and pretty forgiving. My palms are 7.5 inches around and I designed them for myself. When not being worn the finished is 14.25 inches.

### Materials:

Yarn: about 150 yards of Chunky weight yarn (I used 2 balls of Margrite Bulky by Karabella (Merino/Cashmere 77 yds) in color #M07).

Needles: US sizes 7 and 9 (4.5mm & 5.5mm) in whichever form you prefer for circular knitting ie: sets of dpns, pairs of medium length circulars, or long circulars for magic looping. I magic looped, so I used 40" (100cm) circulars.

### Gauge:

The arm warmers are worked entirely in ribbing. Work your swatch in k2, p2 rib on the smaller needle. When giving for ribbing patterns often say "slightly stretched" but how 'slightly' is slightly? So instead I'm giving you: unstretched (fresh of the needles relaxed so you can't even see the purl stitches): 6 sts (4 knits two hidden purls). Alternately: stretched to the point where the purl columns look to be about the same width as the knit columns: 4 sts to the inch (2 knits & 2 purls)

### Arm Warmer:

With smaller needles, cast on 32 sts. Join, being careful not to twist sts and work in rounds:

Rounds 1 - 10) \*K2, P2, rep from \* to end.

### Thumb slit:

Begin working in back and forth in rows:

Rows 1 - 13) \*K2, P2, rep from \* to end.

At the end of row 13 (WS row), cast on 4 sts and resume knitting in rounds.

### Wrist:

Work 27 rounds in K2, P2 rib.

### Arm:

Switch to larger needles and continue in rib pattern until desired length (or you only have about a yard left on the ball of yarn). Bind off all stitches in pattern.

The second arm warmer is work the same with one exception: start the ribbing with P2 instead of K2. This will yield a mirror image pair.